

ZEROSPIKE

Detoxifying Humanity

**URINE SPIKE TRACING (UST)**

# WHAT IS THE UST DESIGNED FOR?

## Overview

The Urine Spike Tracing (UST) procedure is a monitoring tool designed to detect the presence of spike proteins in the body and to assess patterns of spike protein detoxification over time, particularly in individuals undergoing treatment protocols with Augmented NAC.

 *Important:*

UST is an adjunctive research and monitoring tool, not a stand alone diagnostic or treatment determinant.

# STEP 1: COMPLETE THE UST FORM

To begin the process, please complete the UST registration form on the UST page at ZeroSpike.org (link below) and provide consent for your urine to be analysed using Urine Spike Tracing (UST).

[zerospike.org/registration-ust](https://zerospike.org/registration-ust)

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## Urine Spike Tracing (UST) Research Project

UST and ZeroSpike are research projects of the Italian non-profit association **Federazione Rinascimento Italia (FRI)**. Personal data is used exclusively for research purposes and not for commercial use.

Registration form for Urine Spike Tracing ("UST"): Please enter your details below (use your email address in the "Username" field).

**IMPORTANT: The UST procedure is available in the U.S. only.**

**How the UST works:**

- Register below** to participate (free of charge) in the Urine Spike Tracing research project. The project uses results from a **Urine Analysis with Creatinine**, which must be ordered separately through the laboratory (subject to their standard fee).
- Order a Urine Analysis with Creatinine** from the U.S. laboratory with which we collaborate on the UST research project.
- Inform your doctor** that you intend to participate in the UST research project, asking him/her to register on the **ZeroSpike Health Network** portal. This will allow your doctor to access the results of the UST Report for your urine sample (please note: **only authorized doctors can view UST reports**, which are not accessible to private individuals/patients). If you do not have a doctor of your choice, please send us an **e-mail** and we will try to put you in touch with a doctor who is part of the ZeroSpike Health Network.
- Once you **receive your Urine Analysis with Creatinine results** from the American laboratory **QFTox.com**, you will find a unique and anonymous **identification code** labeled as "**Lab Acc.# / Patient ID.**" (to ensure the privacy of your data) which you will communicate to your doctor, who is registered on the ZeroSpike Health Network portal in the meantime. **Give this code to your doctor so that they can access the UST report on the portal.**
- Here you will find an example of a **UST report**, as well as the **first results** obtained in the U.S. based on our research. Thanks to **Augmented NAC**, COVID-Vax injured and Long-COVID patients were able to detoxify from spike protein (doctors are using different detoxification protocols as well, and UST reports are a valuable initial research tool for the empirical verification—albeit still experimental—of the effectiveness of these protocols).
- We are a small team from a civic association** and we offer the fruits of our research free of charge. **Please do not abuse these services and do not "flood us with emails"** 🙏

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**UST PDF**

Username\*

Insert your e-mail as a Username

Name\* Surname\*

Birth Date\* Gender\*

Select your gender

By submitting this form you confirm that you have read and understood our [Politica Sulla Privacy](#).

**SEND**

# STEP 2: ORDER UST AND AUGMENTED NAC BUNDLE

Purchase the UST bundle with Augmented NAC at the following [link](#)

## CLAIM YOUR FREEDOM SUMMIT SPECIAL OFFER

Discover and **monitor your spike score** by taking the Urine Spike Tracing (UST) tool in conjunction with Augmented NAC.



**I Want - Starter Protocol**  
1 Bottle of A-NAC and 1 Spike Tracing Tool



**I Want - Advanced Protocol**  
2 Bottles of A-NAC and 2 Spike Tracing Tools



**I Want - Complete Protocol**  
3 Bottles of A-NAC and 2 Spike Tracing Tools

# STEP 3: URINE ANALYSIS WITH CREATININE REPORT

Your urine analysis report with creatinine will be sent to you by email.

Your **patient ID** highlighted in **red** will be used by your doctor to access the UST report.



## QUALITY FORENSIC TOXICOLOGY

4726 Shavano Oak, Ste. 105, San Antonio, TX 78249  
Phone: (210)463-9191 Fax: (210)463-9190  
Laboratory Director: Dr. Jeff Walterscheid  
CLIA#: 45D2131821

Client: [REDACTED] Patient: [REDACTED] Lab Acc#: 2512180132  
DOB: 0 [REDACTED] Collected: 12/08/25 16:04  
Gender: F Accessioned: 12/18/25 15:14  
Provider: Specimen Type: [REDACTED] Reported: 12/22/25 12:39

Patient ID

**Prescribed Medications:** No prescribed medications were listed on the requisition form.

### Specimen Validity Testing

TEST	RESULTS	FLAG	EXPECTED RESULTS	TEST	RESULTS	FLAG	EXPECTED RESULTS
Creatinine	34.1	NORMAL	20 - 300 mg/dL	pH	8.1	ABNORMAL	4.0 - 7.8

# STEP 4: YOUR LAB ACC ID#

Share your **patient ID** and **schedule an appointment** with your doctor at **Wellness My Way** by emailing [zerospike@wellnessmyway.org](mailto:zerospike@wellnessmyway.org)



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